Lawrence County School District

Wellness Committee Meeting Minutes

March 11th, 2026

Committee members in attendance – Sarah Moore, Jacob Kersey, Angela Brady, Lindsey Romine, Blake Coffman, Tyler Roby, Tashena Tate, Stephanie Nichols.

Meeting was called to order at 12pm in the Superintendent's boardroom.

Previous community health events were discussed – Cardioptics visited the campus and saw 18 patients, the Key Club blood drive has already collected 79 units and has qualified for $1,500 in scholarships – the next blood drive is set for April 1st.

The SHI (school health index) was discussed as well as plans of actions within the SHI. Committee members discussed ways to build community involvement in health-related activities, and programs to promote better mental health among students were also discussed. Earlier in the school year grades 7-9 attended a conference over resiliency titled “Chris in the Classroom” - the committee discussed other conferences, and community outreaches that could be beneficial for the mental and physical health of our students and community. PD opportunities for physical education teachers were also discussed.

School lunches and potential changes to the school lunch menus were also discussed.

Meeting was adjourned at 1:00pm.